



## **THE GRYPHON GUARD**

*THE GRYPHON GUARD IS THE EDUCATION BRANCH OF FOREVER 41, A LOCAL NON-PROFIT THAT WORKS TO SUPPORT MENTAL HEALTH AND SUICIDE PREVENTION INITIATIVES.*

*THE GRYPHON GUARD WAS FORMED TO BRING A PRACTICAL, SIMPLE SOLUTION TO THE BULLYING ISSUES OUR KIDS FACE TODAY. OUR GOAL IS TO EDUCATE CHILDREN AND ADULTS ALIKE ABOUT THE TERRIBLE EFFECTS BULLYING HAS ON EVERYONE AND TO PROVIDE STRATEGIES AND KNOWLEDGE TO MITIGATE THESE EFFECTS.*

[WWW.THEGRYPHONGUARD.COM](http://WWW.THEGRYPHONGUARD.COM)

[HELP@THEGRYPHONGUARD.COM](mailto:HELP@THEGRYPHONGUARD.COM)





# The Gryphon Guard Anti-Bullying Education Program

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<b>SUBJECT</b>	<b>INSTRUCTOR</b>	<b>COST</b>
Bullying Awareness	The Gryphon Guard Education Team	\$0

## **OVERVIEW**

The Gryphon Guard will come to your school or group setting and will do the full presentation with NO COST to the school or group. Presentations can be scheduled during the day (for schools), or evenings/weekends for youth groups, sports teams, community associations, etc.

There are different levels of presentations:

- Elementary/junior high school
- High school
- Adults/Parents

Bringing awareness about Bullying by explaining:

- What is bullying
- What to do if you are bullied
- What to do if you see bullying

**WEB SITE: [thegryphonguard.com](http://thegryphonguard.com) CONTACT: [education@thegryphonguard.com](mailto:education@thegryphonguard.com)**

COURSE STRUCTURE	Slide Presentation with participant interaction including participant activities.  This can be for a classroom or assembly.  Full Presentation: approx. 1 ½ hours
ACTIVITIES	Group and volunteer activities demonstrating the effects bullying can have on others.
SCHOOL/GROUP RESOURCES REQUIRED	Screen to show presentation on

## Resources

<b>Name</b>	<b>Description</b>	<b>Email/website</b>	<b>Phone</b>	<b>Text Line</b>
<b>The Gryphon Guard</b>	Local antibullying group	<a href="mailto:help@thegryphonguard.com">help@thegryphonguard.com</a>	N/A	N/A
<b>Kids Help Phone</b>	24-hr crisis support	<a href="http://www.kidshelpphone.ca">www.kidshelpphone.ca</a>	1-800-668-6868	686868
<b>Canada's Suicide Crisis Helpline</b>	24-hr crisis support	<a href="http://www.988.ca">www.988.ca</a>	988	988
<b>Distress Centre</b>	24-hr crisis support, professional counselling	<a href="http://www.distresscentre.com">www.distresscentre.com</a>	403-266-4357 (HELP)	403-266-4357 (HELP)
<b>ConnecTeen</b>	Peer to peer support for teen and youth in Calgary area	<a href="http://www.calgaryconnecteen.com">www.calgaryconnecteen.com</a>	403-264-8336	587-333-2724
<b>PREVnet</b>	National research and knowledge hub curated by the University of Calgary	<a href="http://www.prevnet.ca/bullying">www.prevnet.ca/bullying</a>	N/A	N/A



- **The Gryphon Guard** – The Gryphon Guard is the Education branch of Forever 41, a local nonprofit that works to support mental health and suicide prevention initiatives. We have a trained volunteer crisis responder on our team, and our Admin has taken a number of training courses, including Mental Health First Aid and Red Cross Psychological First Aid.
  
- **Kids Help Phone** - Throughout our history, we've tested and launched new service offerings, continually evaluating and improving the quality of our services and the impact we have on young lives. This momentum has been propelled by a growing base of supporters committed to supporting youth in Canada. Fast forward to today. We know that Kids Help Phone has become more essential than ever before. So has our goal of transforming to meet the needs of young people in Canada. Our commitment to showing up for youth in distress has never wavered. As a part of our strategic objective of maximizing access, we're committed now more than ever to reaching more people in every corner of Canada.
  
- **988.ca** - If you feel like you have lost hope and are struggling to cope, if you are dealing with thoughts of suicide, or if you are worried about someone else, 9-8-8: Suicide Crisis Helpline is here for you. When you reach out, a trained responder will listen without judgement, provide support and understanding, and can tell you about resources that will help. 9-8-8 is here to provide moments of connection that create hope, support recovery and save lives. We help people connect to their strengths and find new ways to cope, live and thrive. Our vision is a Canada where suicide is prevented because everyone can access help when they need it the most.
  
- **Distress Centre** - Distress Centre Calgary provides 24-hour crisis support, professional counselling, youth peer support, and navigation and referrals through 211 and Coordinated Entry. Our mission is to provide compassionate, accessible crisis and navigation support that enhances the health, well-being and resiliency of individuals in distress. Our vision is to ensure everyone is heard.
  
- **ConnecTeen** - Growing up can be tough, and we know that there are things that you can't talk about with your parents or friends. ConnecTeen, Canada's first peer-based chat and text helpline, gives you the space to talk about your problems confidentially with someone who understands—someone just like YOU. Here, there is no judgment, no preconceptions, and everything is completely confidential. Talk about the things on your mind and be heard on your terms. Whether you have a question, a concern, or simply need someone to talk to, we're here to help. One of our peer support members is always ready to help—reach out to us today.
  
- **PREVnet** - a national not-for-profit organization dedicated to preventing youth interpersonal violence. We collaborate with communities, organizations, educators, researchers, and youth to create and share learning resources that address bullying and teen dating violence across Canada. Our purpose is to create space where research and practice converge. We connect the best and brightest minds in the area of bullying, youth healthy relationships and gender-based violence with the expertise of youth-serving organizations, businesses, and governments. This unique partnership model allows researchers to collaborate with practitioners and policy makers to ensure knowledge development is informed by on-the-ground expertise. We examine how experiences in childhood and adolescence can lead to unhealthy behaviours, and co-develop practices, programs, and policy to prevent interpersonal violence, and foster healthy relationships among children and youth.

# The Gryphon Guard

## Education Program Evaluation

*The Gryphon Guard is committed to our Education program and would love to receive your feedback on your recent presentation experience.*

Please rate us according to the following scale,  
with 1 being **Needs Improvement** and 5 **Utter Perfection**

Space is also provided for any comments you would care to share below.

**Presentation materials:**                      1    2    3    4    5

**Presenter:**                                      1    2    3    4    5

**Activities:**                                      1    2    3    4    5

**Time:**    1    2    3    4    5

**Would you like to have us back again?**                      Yes                      No

**Comments:**

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*We are currently developing a Testimonials page on our website. If you'd care to write a review for us, please email it to [feedback@thegryphonguard.com](mailto:feedback@thegryphonguard.com)*

**Thank you for your time!**

[www.thegryphonguard.com](http://www.thegryphonguard.com)

